

**Open doors and minds to possibilities and opportunities**

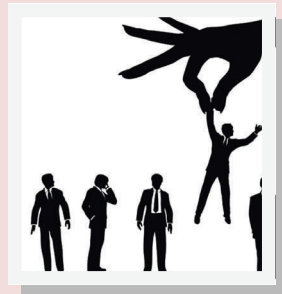


The Facts: Over a million young people not yet in education and employment, 1 in 5 young people

feel that their life is not worth living, over 3 million young people living in poverty, mental ill health on the increase amongst 15 - 21 year olds, higher numbers of self harmers, increase in bullying and harrasment and more convictions for knife crimes (to name but a few.)

The good news is Training can instill a passion for life long learning, raise self esteem, confidence and develop the leader within!

Are you ready to stand out in the crowd?



**Kiechelle Degale**  
**KiE Leadership Training and Development**  
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**High Impact Training**

**High Impact Communication For young people**



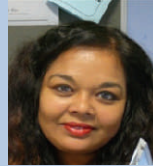
**KiE Leadership Training and Development**  
*Where Leaders are made!*  
 "Leadership is about influence...before you take their hands you must win their hearts!" Stephen Covey



"The key to successful leadership today is influence, not authority." --Ken Blanchard

### How do you benefit?

- ◆ Communication, VAK [ Visual, Auditory, Kinaesthetic learners ] assessment to determine your type,
- ◆ Leadership [learn what kind of leader you are]
- ◆ Time management
- ◆ Taking responsibility & Decision making
- ◆ Persuasiveness & negotiation Self Confidence,
- ◆ Resourcefulness
- ◆ Rapport [connecting & getting along with others]
- ◆ Team work
- ◆ Learning & Thinking skills
- ◆ Presentation skills/ public speaking
- ◆ Stress Management
- ◆ Self-esteem
- ◆ Developing a positive attitude, Creativity
- ◆ Self-awareness
- ◆ Goal Setting/ Mission & Vision, Employability skills [learning how to standout]



### Personal Profile of Kiechelle Degale

Kiechelle has spent over 17 years in the personal development arena. She specialised in confidence training and in the Director of a company called KiE Leadership Training and Development. She has worked with and been trained by leaders in this field like Tony Robbins, Les Brown, Dr. Stephen Covey and Dr. Wayne Dyer. Her skill set includes Master Practitioner in NLP, Hypnotherapy, Kinesiology, Psychotherapy, Accelerated Learning and Leadership Development. A sought after motivational and conference speaker, Kiechelle Degale has published numerous articles on Leadership and is also an internationally published poet. Kiechelle is the Founder, Head Trainer and Manager of The Leadership Academy at a sixth form college. Having been certified as a Master Facilitator for the 7 Habits of Highly Effective Teens, a world recognised programme on personal effectiveness Kiechelle is extremely committed and passionate about using her skills and life experience to help others 'Step out & Stand Out'

### Become an effective communicator

- ◆ Building confidence
- ◆ Building self esteem
- ◆ Challenging limiting and destructive 'mindsets'
- ◆ Discover your preferred leadership style & learn how to adapt it to a variety of situations and settings.

Training created for Schools, Colleges, Community, Youth Groups and Charities.

